

April 2024 Menu: Infant 6-11 Month

	Monday	Tuesday	Wednesday	Thursday	Friday
April 1-5					
<u>Breakfast</u>	Scrambled Egg Apple	Turkey Sausage Orange	Plain Yogurt Berries	Turkey Sausage Cheddar Cheese Banana	Scrambled Egg Pear
<u>Lunch</u>	Beef Burger Patty Cheddar Cheese Pinto Beans Roasted Potatoes	Chicken Thigh Strawberries Corn Broccoli	Cheddar Cheese Turkey Thigh Green Beans Red Bell Pepper	Scrambled Egg or Bacon and Egg Quiche Pea Grapefruit	Pulled Pork Ham Swiss Red Bell Pepper Avocado
<u>Snack</u>	Cracker Berries	WG Bread Apple	WG Carrot Muffin Berries	Brazilian Cheese Bread Cherry Tomatoes	Mandarin Orange Mini Rice Cake
<u> April 8-12</u>					
Breakfast	Infant Rice/Oat Cereal Pear	Pork Sausage Apple	Scrambled Egg Banana	Plain Yogurt Apple	Cheesy Scrambled Egg Orange
Lunch	Ground Turkey Colby Jack Cheese Black Beans Corn Berries Salsa	Greek Turkey Patty or Ground Turkey Tzatziki Sauce Feta Cheese Cucumber Berries	Mozzarella Cheese Red Beets Cauliflower	Chicken and Pork Meatball or Ground Chicken/Pork Carrot Pineapple	Beef Roast Grapes Pinto Beans
Snack	Cucumber Cracker	Applesauce Toasty O's Cereal	Chickpeas Oranges WG Flat Bread	Mixed Berry Smoothie or Strawberry/Blueberry/Raspb erry/Banana Toasty O's Cereal	Mini Rice Cake Apple
<u> April 15-19</u>					
Breakfast	Infant Rice/Oat Cereal Pear	Plain Yogurt Berries	Scrambled Egg Banana	Pork Sausage Cheddar Cheese Orange	

Beverages of milk (1% {[over 2 years] and whole [under 2 years] and water will always be offered for meals and snacks.

• Infant foods are prepared soft and low sodium.

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- WG symbolizes Whole Grain products, containing at least 50% whole grains
- Breastmilk or Iron-fortified formula served at every breakfast and snack.



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Lunch	Ground Beef Marinara Peas Carrots Spinach Zucchini	Orange Chicken or Chicken Breast Broccoli Edamame	Turkey Sausage Strawberries Green Beans	Chicken Thighs Potatoes Spinach Zucchini	Kid Zone Closed for Professional Development Day
Snack	Black Bean Dip or Black Beans WG Tortilla	Apple Cracker	Chickpea Mandarin Orange WG Toast	Cracker Berries	
<u> April 22-26</u>					
Breakfast	Infant Rice/Oat Cereal Apple	Pinto Bean Colby Jack Cheese Orange	Scrambled Egg Berries	Turkey Sausage Orange	Cheesy Scrambled Egg Banana
Lunch	Mozzarella Cheese Marinara Butternut Squash Green Beans	Pork Sausage Patty Orange Potato	Indian Chicken Thigh or Chicken Thigh Cauliflower Grape	Thai Basil Beef or Ground Beef Cucumber Red Bell Pepper	Ferndale Market Turkey Breast Cheddar Cheese Broccoli Cherry Tomato
Snack	Red Bell Pepper WG Flat Bread	WG Bagel Berries	Applesauce Cracker	Cracker Carrot	Ápple Toasty O's Cereal
<u> April 29-30</u>					
Breakfast	Infant Rice/Oat Cereal Pear	Pork Sausage Cheddar Cheese			
Lunch	Red Beans Pulled Pork Yams Berries	Cheddar Cheese Roasted Tomato Basil Soup or Tomato Corn			

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Snack	Garlicky Hummus or	Mixed Berry Smoothie or			
	Chickpea	Strawberry/Blueberry/Raspb			
	WG Flatbread	erry/Banana			
		Toasty O's Cereal			

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