



April 2023: Infant Menu 6-11 Month

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>April 3-7</u>					
<u>Breakfast</u>	Scrambled Egg Pear	Scrambled Egg Spinach Cheese Apple	Plain Yogurt Grapefruit	Turkey Sausage Cheese Banana	Infant Rice/Oat Cereal Oranges
<u>Lunch</u>	Mozzarella Cheese Green Beans Red Bell Pepper	Turkey Burger Pinto Beans Sweet Potato	Ground Beef Cheddar Cheese Pinto Beans Avocado	Chicken Thigh Broccoli Butternut Squash	Pork Sausage Patty Asparagus Cauliflower
<u>Snack</u>	Applesauce, Graham Cracker	WG Tortilla Avocado	Toasty O's Cereal Strawberries	Red Bell Pepper Cracker	WG Blueberry Muffin Banana
<u>April 10-14</u>					
<u>Breakfast</u>	Infant Rice/Oat Cereal Apple	Plain Yogurt Berries	Ground Turkey Sausage Mozzarella Banana	Plain Yogurt Orange	Pork Sausage Cheddar Cheese Pear
<u>Lunch</u>	Ground Chicken Ground Pork Red Bell Pepper Mango	Cheddar Cheese Ground Beef Cucumber Green Beans	Turkey Sausage Broccoli Grapefruit	Chicken Breast Spinach Peas Cauliflower	Beef Roast Chickpeas Carrots
<u>Snack</u>	Strawberry Banana Toasty O's	Brazilian Cheese Bread Cherry Tomatoes Marinara	Mini Rice Cake Berries	Cracker Banana	WG Pumpkin Bread Orange
<u>April 17-21</u>					
<u>Breakfast</u>	Infant Rice/Oat Cereal Orange	Plain Yogurt Apple	Scrambled Eggs Cheddar Cheese Banana		
<u>Lunch</u>	Scrambled Egg Pork Loin Edamame Broccoli	Ground Beef Hummus Tomatoes Cucumber	Chicken Thigh Black Bean Corn Cheddar Cheese	Kid Zone Closed for Professional Development Day	Kid Zone Closed for Professional Development Day

- Beverages of milk (1% [over 2 years] and whole [under 2 years] and water will always be offered for meals and snacks.
- Breast milk or Iron-Fortified Formula served with breakfast and snack.
- The menu is subject to change based on the availability of fresh ingredients.
- WG symbolizes Whole Grain products, containing at least 50% whole grains.



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	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Apple Cracker	Soft Pretzel Pear	WG Banana Bread Milk		
April 24-28					
Breakfast	Strawberry Oatmeal Apple	Infant Rice/Oat Cereal Orange	Plain Yogurt Berries	Spinach Potato Scrambled Egg Avocado	Pork Sausage Patty Pear
Lunch	Chicken Thigh Tangerine Cucumber	Ground Beef Edamame Yam	Mozzarella Cheese Red Beets Green Beans	Peas Asparagus Spinach Carrot Chicken Breast	Ground Pork Ground Turkey Cauliflower Red Pepper
Snack	Cracker Berries	WG Tortilla Avocado	Rice Cake Apple	Red Pepper WG Toast	Hummus WG Pita Bread
Breakfast					
Lunch					
Snack					

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